



special therapies for golfers

Before and After Ritual 3 ½ hours \$350

Prepare for that perfect round of golf with an exfoliating Sea Salt scrub, shower and 60-minute sports massage. A combination of stretching and massage techniques are used to prepare you for any challenge. After your round, experience a relaxing Sedona Mud wrap complemented by a 60-minute deep tissue massage... the perfect ending to a perfect day.

Golfer's Foot Renewal 45 minutes \$80

Rest your feet in a warm, relaxing footbath designed to soften skin and release stress. A 20-minute stimulating foot massage follows, promoting increased circulation. A decadent paraffin wrap is then applied and a youthful, fresh feeling is restored to your weary feet.

Golfer's Hand Renewal 45 minutes \$80

This treatment, especially designed for dry or chapped hands, combines a scrub to exfoliate, soak to penetrate, massage to increase circulation and deeply hydrate even the driest of hands. A decadent paraffin wrap further helps penetrate and protect, leaving you with the softest of hands.