

THE
SPA



HYDRATE:

Highland Sunrise

Fresh Squeezed Grapefruit Juice with a Splash of Pomegranate and Blueberry ...4.5

Mountain Top Breeze

Fresh Squeezed Orange Juice , muddled with Granberry and a Hint of Graden Fresh Mint...4.5

Earthy Element

Chef's Fresh Fruti and Garden Vegetable Daily Inspiration...5

Seasonal Fresh Fruit Smoothie6

Fresh Fruit Blended with Homestead Creamery Yougurt and Local Honey

Street Relief....8

Celery,Parsley,Beet,Orange,Apple,Wheat Germ

Detox....8

Celery,Parsley,Bee Pollen,Beets,Grapefruit,Apple

REJUVENATE

Locally roasted Honduras Coffee: Regular or Decaffeinated...4

Streaming Cup of Cappucino: Regular or Decaffeinated...6

Flavored Latte Regular or Decafainated...6

Espresso: Fresh Ground, Rich Full Bodied Hondurand Espresso...6

An International Selection Of Tea Forte Teas.....6