



HYDRATE:

Highland Sunrise

Fresh Squeezed Grapefruit Juice with a Splash of Pomegranate and Blueberry...4.5

Mountain Top Breeze

Fresh Squeezed Orange Juice, muddled with Cranberry and a Hint of Garden Fresh Mint...4.5

Earthy Elements

Chef's Fresh Fruit and Garden Vegetable Daily Inspiration...5

REJUVENATE:

Locally roasted Honduras Coffee: Regular or Decaffeinated...4

Steaming Cup of Cappuccino: Regular or Decaffeinated...6

Flavored Latte. Regular or Decaffeinated...6

Espresso: Fresh Ground, Rich Full Bodied Honduran Espresso...6

AN INTERNATIONAL SELECTION OF TEA FORTE TEAS:

BLACK TEA

English breakfast (organic)

Earl Grey (organic)

LOOSE TEA

Jasmine tea

ICED TEA

Ceylon gold (organic)

Raspberry Nectar (herbal)

HERBAL TEAS

Lemon vervain

Ginger lemongrass (organic)

Chamomile tisane

GREEN TEA

Sencha (organic)

Pomegranate Blackberry (black)

White Ginger Pear (white)

DELICATE DELIGHTS

PAIN AU CHOCOLATE...3

MUFFINS...6

Served with Creamery Butter and Seasonal Jellies

LODGE MADE DOUGHNUTS...5

Cinnamon sugar, apple, glaze

RISING SUN BAKERY BAGEL...6

Served with cream cheese and jellies

ELEMENTS PASTRY BASKET...9

CALM AND COOL

SEASONAL BERRIES AND CREAM

An assortment of fresh, sweet berries

GRANOLA AND YOGURT PARFAIT

Lodge Made Granola topped with Homestead Creamery Yogurt and Fresh Berries

FRESH FRUIT SALAD...7

GOOD MORNING

Elements Breakfast...20

Two eggs cooked as you like them, served with Benton's bacon, ham, home fries, and your choice of biscuit or toast.

Pain Perdue...15

Rising Sun Bakery blueberry brioche, custard, citrus curd, seasonal berry compote.

The Lodge Benedict...14

Pain a Mie, grilled asparagus, 55 minute poached eggs, hollandaise, crispy Benton's prosciutto.

Highland Omelet...18

Whipped Farm Fresh Eggs, Local Pork Sausage, Apple Smoked Bacon, Country Ham, & Aged Cheddar

Earth Omelet...16

Whipped Farm Fresh Eggs, Local Goat Cheese, Spinach, Mushrooms, and Tomato

Buttermilk Pancakes...14

Lodge Made Fluffy Buttermilk Pancakes with Blis Maple Syrup

Bagel and Lox...18

Rising Sun Bakery Bagel, Scottish smoked salmon, cream cheese, capers, red onion, tomato.

Quiche du Jour...12

Chef's choice of seasonal vegetables with savory custard in an herbed crust.

ACCOMPANIMENTS...4

Home Fries

Benton's Bacon

Sliced Tomato

Bright Farms Pork Sausage

Benton's Ham